Converting from English to IU Volume Measurement

Procedure

1.) For each of the four medications, figure out how many cc's or ml's must be measured out for proper dosage. Follow the exact directions given in the bottle. You will only measure the amounts. You will NOT ingest or take the medicine. You will discard by the method given by the classroom teacher.

a.) Over the Counter Flu Medicine	30 ml or 2 tbs
b.) Over the Counter Cough Medicine Syrup	100mg/5ml or 20 mg/ml
c.) Over the Counter Anti-Diarrhea	30 ml
d.) Over the Counter Antacid	5 to 15ml or 1 to 3 tsp

2.) Using a medium or large graduated cylinder (100ml) or (500 ml), figure out the number of ml's in:

a.) one cup	240 ml (one cup equals 8 ounces $8 \times 30 = 240$)
b.) one pint	480 ml (16 ounces equals one pint 16 X 30 = 480)
c.) one quart	960 ml (4 cups equals one quart $4 \times 8 \times 30 = 960$)
d.) one half gallon	1,920 ml (64 oz equals half a gallon 64 X 30 = 1,920)
e.) one gallon	3,840ml (128 oz equals one gallon128 X 30= 3,840)

3.) What is the total number of milliliters in a bottle of Vicks Nyguil

$$300 \text{ ml } (10 \text{ ounces....} 10 \text{ } X30 = 300)$$

4.) What is the total number of milliliters in a bottle of Cough Medicine?

$$240 \text{ ml } (8 \text{ ounces....} 8 \times 30 = 240)$$

5.) What is the total number of milliliters in a bottle of Pepto-Bismol?

$$480ml\ (16\ ounces....16\ X\ 30=480)$$

6.) What is the total number of milliliters in a bottle of Milk of Magnesia?

$$240ml\ (8\ ounces....8\ X\ 30=240)$$

7.) How many milliliters in a cup of Pepsi?

$$240ml$$
 (8 ounces....8 X 30 = 240)

8.) How many cups in an 8 Fl. OZ can of Pepsi?

1 cup (8 fluid ounces equals one cup)

Teacher's Note: Go to timeline 12:30 to 15:38 of VSU Lecture One, Safety and Volume Measurement to help the student understand how much is one ounce and why medications are measured in cc's.